



DEUTSCHE  
STIMMKLINIK

# LARYNGEAL MANIPULATION AND OSTEOPATHY

May 22-23, 2015, Jacob Lieberman

The course is designed for health professionals like ENT, logopedists, SLT, voice coaches and professional voice users.

**The 2 days course** combines presentations about the **clinical physiology of voice production** and **a lot of practice**, hands-on examination of muscles and joints that take part in voice production.

The presentations will cover posture-related voice problems, breathing physiology, the mysteries of „breathing for support“, jaw and laryngeal function. The hands-on will enable participants to „feel“ their own breathing mechanics, posture, jaw function and the activity in the voice box (larynx).

In the end of the two days, participants will have in depth knowledge of the clinical aspects of the etiology of a range of voice problems from MTD to globus.

**Day 1** 9am Biomechanics of general posture. Voice problems related to posture  
10:30am 1st hands-on: Body awareness  
12pm Lunch break (on your own, see restaurant list and map handout)  
1:30pm Speech-breathing physiology and postural influences  
3pm 2nd hands-on: Breathing techniques to improve breathing and body alignment  
5pm Adjourn

**Day 2** 9am Functional anatomy of the larynx  
10:30am 3rd hands-on: Identifying laryngeal structures and palpatory monitoring  
12pm Lunch break (on your own)  
1:30pm 4th hands-on: Improving palpatory skills (working in groups)  
3pm Combining traditional voice therapy and manual techniques (group discussion)  
3:30pm Emotional factors in muscle misuse and voice dysfunction.  
Considerations for therapy and therapy interference

Duration: May 22, 9 am to 5 pm  
May 23, 9 am to 5 pm

No. of participants: 15 participants max.

Course fee: 490 €

Location: Deutsche Stimmklinik  
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20251 Hamburg

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