



DEUTSCHE
STIMMKLINIK

**LARYNGEAL
MANIPULATION
AND
OSTEOPATHY**

COURSE I & II

21st – 22nd November 2015
Jacob Lieberman, D.O.

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JACOB LIEBERMAN

is an internationally acclaimed expert on physical and psychological management of hyperfunctional voice disorders. As an osteopath and a psychotherapist he developed the Lieberman protocol for laryngeal examination and physical treatment to release muscle tension and improve joint movements. He is a member of the voice clinic at Lewisham University Hospital London and the Deutsche Stimmklinik in Hamburg. He has researched and co-authored papers on postural aspects in voice disorders and mechanical dysfunction of the larynx. He is a contributor to leading text books in voice: The Voice Clinic Handbook (Harris et al, 1998, Whurr publishers, London), Diagnosis and Treatment of Voice Disorders (Sataloff) and various other publications and articles.

He is continuously researching the effects of Laryngeal Manipulation on the production of voice.

He has been training ENT and SLT in applying palpation as a tool for examination and treatment of laryngeal muscles in the UK, and internationally.

Jacob has also been training SLT in laryngeal examination and treatment around Europe, Canada and the USA. He developed course's syllabus and lectured at UCL (University College London) for the Masters degree in voice, post graduate courses in Michlalat Hadassah Jerusalem and University of British Columbia in Vancouver, Canada.

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**I. Saturday, 21st November:
Beginner's course in „Laryngeal Manipulation“**

The application of physical therapy in the management of voice disorders. Rationale, anatomy and physiology of voice production, laryngeal examination using the Lieberman protocol. The course is aimed at SLT, ENT laryngologists, physiotherapists, other therapists who use manual techniques.

**II. Sunday, 22nd November:
Advanced course in „Laryngeal Manipulation“:**

Summary of anatomy and physiology, safety when applying Laryngeal Manipulation
Specific techniques: head-neck position, jaw, TMJ function, suprahyoid muscles, middle constrictor, thyro-hyoid mechanism, crico-thyroid joint articulation, inferior and strap muscles, breathing apparatus. The techniques will be demonstrated, then practised by participants. If time allows, Laryngeal Manipulation under transnasal endoscopy will be shown and some psychological aspects of voice problems will be discussed. The course is aimed at practitioners who have attended a previous course on Laryngeal Manipulation who developed the palpation experience to examine laryngeal structures.

Duration: 21st November, 9 am to 5 pm
22nd November, 9 am to 5 pm

No. of participants: 15

Costs: course I: 280 €
course II: 280 €
course I & II: 490 €

Please do not pay before your registration is confirmed.

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LARYNGEAL MANIPULATION AND OSTEOPATHY

COURSE I & II

LOCATION

Deutsche Stimmklinik
(im "Spektrum" - auf dem Gelände des UKE)
Martinstraße 64
20251 Hamburg

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